

# TEXAS ASSOCIATION OF HEALTHCARE VOLUNTEERS

# CONFERENCE 2025



May 19-21, 2025 at the Embassy Suites Hotel and Convention Center in Frisco, Texas

## Catch the Aloha Spirit



The **81<sup>st</sup> Annual TAHV Conference** will be in Frisco, Texas, a booming community just north of Dallas. We will stay at the Embassy Suites Hotel and attend conference in the connected Frisco Convention Center.

Join your fellow Texas volunteers for three days of learning, networking, fun, and inspiration. President Mary Pfeffer shares the **Aloha Spirit** with all who volunteer.

Bring your spouse, family or friends to visit Frisco and make it a vacation. The hotel is close to shopping and sports, and there is a lot to do in Frisco. Check out [www.visitfrisco.com](http://www.visitfrisco.com) for events and attractions.

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## Message from the Conference Committee

This year's conference is going to be great! In feedback from our previous conferences, we heard that attendees want more networking, more education, and lower total cost to attend. We have packed more into the days of convention to achieve the first two – with two BYOI sessions and more breakouts. We are always challenged by price increases and this year sought **sponsor funding** to reduce the conference cost for attendees. Mission accomplished! We hope the lower conference fee and room rate means that more of your volunteers can attend. We appreciate all the sponsors who came through when we asked them **to support you!**

### What can we expect?

Three days packed with education and events starting on Monday, May 19, with outstanding speakers for Opening Session, Uniform Luncheon, and breakouts.

Budget-friendly hotel & meals – lower suite rates, free breakfasts, free evening receptions with both alcoholic and non-alcoholic beverages.

Favorite events: Bingo Night, Silent Auction, Door Prizes, Raffles, President's Party, Uniform Luncheon, Awards, Vendor Fair. Installation of new TAHV officers will take place at the Uniform Luncheon.

Arrive on Sunday May 18 or Monday May 19 and stay through Wednesday. You won't miss a thing! See inside for details.

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*More Networking in BYOI*  
*Outstanding Speakers*  
*Excellent Breakout Sessions*  
*Fabulous Vendor Fair*  
*Exciting Awards*

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More information and Links to Registration and Hotel Reservations are at <https://tahv.org/>

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Lower cost to attend!  
**\$159 per person**  
**Fees and Meals**  
 Register and reserve  
 your hotel by **April 18**

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Friend us on **Facebook**  
 for regular updates on  
 conference plans!  
 Search for  
 Texas Association of  
 Healthcare Volunteers

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## Conference Registration

Registration is online at the TAHV website <https://tahv.org/>.

When you register, you may pay online by credit card or submit your registration online and then mail your check to our conference treasurer:

TAHV c/o Roxanne Bartelmey  
 454 Merriman Parkway  
 Sherman, TX 75090

Make your check payable to: **TAHV Conference 2025** and note the names of all attendees on the registration form.

## Conference Fees and Meals

Registration for conference sessions and meals are an All-Inclusive Package. Meals included are lunch after the Opening Session on Tuesday, May 20, the President's Party dinner on Tuesday evening, and the Uniform Luncheon on Wednesday, May 21. A complimentary full breakfast on Tuesday and Wednesday, and evening reception, is available for guests staying at the hotel. Cost for the All-Inclusive Package for meals and registration is **\$159.00** per person.

If you prefer to pay by check, send your Registration Form and check to the TAHV Conference Treasurer (shown above) by the April 18 deadline.

If you prefer to pay by credit card, go to <https://tahv.org/>. At the top of the home page click "**Make a Payment.**" Enter all the requested information and check the Conference box. Send your completed Registration Form to the TAHV Conference Treasurer (shown above) by the **April 18 deadline.**

## Hotel Reservations

Go to <https://tahv.org/> to make your hotel reservations on the Embassy Suites link created for TAHV. The room rate is **\$175.00** plus taxes per night. You may also call the hotel directly for reservations at 972-712-7200. If you make your reservations by phone, be sure to identify your group as TAHV or Texas Association of Healthcare Volunteers to receive the conference rate. **The hotel deadline for the \$175.00 room rate is April 18, 2025.**

Guest accommodations will be available at 4:00 p.m. on arrival day.

Guests staying at the hotel can enjoy a full breakfast every morning and the manager's reception every evening, included in the room rate.

Parking at the hotel is convenient and reasonably priced. Self-parking in the garage is \$8.00 per day for our attendees.

The conference rate is also available for attendees Sunday night and Wednesday night. Come early or stay later to enjoy Frisco!

See the last page for directions to the hotel.

## Bring Your Own Ideas - BYOI

BYOI is our special version of a facilitated sharing session that targets the hottest topics among volunteers. These events are so popular that this year we have added an Early Bird session. Come ready to share, learn, and connect with fellow attendees – these sessions are interactive, engaging, and full of great takeaways.

Early Bird BYOI            Monday, 4:00 pm  
General BYOI                Tuesday, 1:00 pm

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*Everyone loves BYOI  
Share your successes  
Learn from others*

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## Bingo!

Get competitive in a night of high-energy fun! Meet new people from all over Texas. Prizes for Bingo Night were generously donated by one of our sponsors, Dan Acree.

Bingo Night                Monday, 6:30 pm

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*Fun for All  
At  
Bingo Night!*

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## Awards

Show off your poster, newsletter, tray favors, and scrapbook! TAHV members – submit your Intent to Enter form by **May 1**.

## Silent Auction and Door Prizes

The Conference Committee requests that all TAHV member volunteer groups participate by bringing items to the conference for Silent Auction and Door Prizes. Funds raised are shared between Gifts & Memorials and Educational Topics for Volunteers.

**Silent Auction** items should be unwrapped and have a minimum value of \$50.00. Please include an index card detailing the name of the donor organization and the value of the item. Donations will be accepted in Frisco 3 on Monday, May 19, from noon-5:30 pm.

### Silent Auction Bidding – Frisco 3

Tuesday, May 20        9:00 am – 5:00 pm  
Bidding closes at 5:00 pm on Tuesday.

**Door Prizes** should be wrapped or in a gift bag. Every convention attendee badge has a door prize number on it – you may win! Donations will be accepted in the conference center lobby booth.

### Door Prize Hours – Conference Center East Lobby

Monday, May 19        12:00 pm – 5:30 pm  
Tuesday, May 20        8:00 am – 5:00 pm  
Wednesday, May 21    8:00 am – 10:30 am

The Door Prize booth closes at 10:30 am on Wednesday.  
Check your number and pick up before closing!




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*Bring a gift  
Win a gift  
All for a good cause!*

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## Keynote Speakers

### Opening Session

**Dan Acree**, Acree Creative Marketing & Communications

### Uniform Luncheon

**Dr. Jessica Gomez**, Psy.D, LP, Executive Director, Momentous Institute



Dan Acree



Jessica Gomez

## Breakout Session Speakers

**Vannia Atao**, B.S., CHW, Public Health Educator, Parkland Health System, North Texas Poison Center  
*Poison Safety at Home/Medications and You*

**Joshua Burleson and Thomas Sprague**, Detectives, Frisco Police Department  
*Protecting Yourself from Fraud and Online Scams*

**Kay Allison Crews**, CPP-T, PRP, American Institute for Parliamentarians  
*Hot Topics in Parliamentary Procedure for Non-Profits*

**Shona Sowell**, Director of Community Relations, Texas Health Hospital, Frisco, leading a panel of experts  
*Hospitals Moving from Non-Profit to Profit: What Volunteers Need to Know*

**David Karchut**, MDiv, MA, Vice President Mission Integration, CHRISTUS St. Michael Health System  
*Resilience*

**Jorge Mendoza**, LPC, Counselor, Memorial Hermann Health System  
*Depression in Seniors: Warning Signs and Prevention*

**Tracy & Vicki Miller**, T.E.X.A.S. Rescue  
*Long Ears and Mental Health Therapy*

**Mary Pfeffer**, President, Texas Association of Healthcare Volunteers  
*Meet the Prez / Newcomers*

## Convention Hints & Tips

**Directions to the hotel:** We recommend using a navigation app if you have one. We also recommend a Texas Toll Tag. If you have a Toll Tag it will work in the DFW area – tolls are discounted with a Toll Tag. If you fly in, you can make reservations for Super Shuttle transport from the airport to the hotel at [www.visitfrisco.com](http://www.visitfrisco.com).

**From the south:** Take I-35N, I-35EN, to exit 429C for Dallas North Tollway N. From the Tollway, take the exit toward Gaylord Pkwy/ Warren Pkwy. Merge onto Dallas Pkwy. Turn right on Gaylord Pkwy, right on Parkwood Blvd., right on John Q. Hammons Dr.

**From the north:** take US-75S, exit 38C onto Sam Rayburn Tollway. Exit toward Parkwood Blvd/Dallas Pkwy. Merge onto TX-121 S. Turn right on Parkwood Blvd, left on John Q. Hammons Dr.

**Questions about conference?** Please contact Stephen Apple, Conference Chair, at 817-845-3281 or [stephen@txapples.com](mailto:stephen@txapples.com), or Karen Apple, Co-Chair, at 817-683-8199 or [karen@txapples.com](mailto:karen@txapples.com).