



OUTLOOK

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Healthcare Volunteers, Inc.
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WINTER—2023

SAVE THE DATE

Texas Association of Healthcare Volunteers

TAHV Annual Conference

May 20-22, 2024

Embassy Suites Hotel and Conference Center—San Marcos, TX



CELEBRATING
OUR VOLUNTEERS



On the road with the Traveling Trio...

Kudos to YOU-Our Members! The District Meetings were a huge success!

If you attended the 2023 TAHV Annual Conference
you know we ended the year with an incredible rally
from our members! We left electrified!

Guess what? That rally continued right on to the
District meetings with a, (drum roll please)....

52% Increase in Attendance

Every one of you knocked it out of the ballpark when it
came to planning and execution of the meetings!

It's so true, we accomplish so much more when we work
together. Let's keep that energy rolling right into the 2024
TAHV Conference, May 20-22, 2024!

Harlingen, TX

Host: Valley Baptist and Combined Valley Hospitals

Coordinator: Katie McCarty



DISTRICT

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September 15, 2023





A note from the President

Greetings-

What a great experience the Traveling Trio had visiting our Districts across the state. This

Outlook is full of pictures and items from our travels. It is plain to see that everywhere we went we were welcomed by amazing volunteers. The creative ideas that each District planned were above and beyond. What we discovered were people who give their time and efforts so freely. We were blessed to get to know so many incredible people. Thank you to those that hosted and thank you to those that traveled to attend the meetings. It was a truly successful time!

Thank you to the other two members of the Traveling Trio, Mary Pfeffer and Dave Westerhaus, who gave so much time to traveling. They did a great job of bringing TAHV to every meeting. Thanks to Dave for being the driver and putting up with two women!!!

It is now time to turn our attention to Conference 2024.

It will be held in San Marcos, Texas, on May 20-22nd at the Embassy Suites. Our committee is working to ensure that this will be another successful Conference. This entire Conference is about celebrating our volunteers from across the State. We will have our BYOI, our Silent Auction, Vendors, Bingo, speakers, educational information and many new and different ideas. We plan to fill every day with something that our volunteers will find helpful when they return home. In addition, we will be celebrating volunteers at the President's Party: a Casino Night! We have a lot planned for these 3 days. Hope to see you ALL there.

Most of all I thank you for giving me the opportunity to be the President of this wonderful organization. It is most humbling to be in this position, serving my passion-VOLUNTEERS!

Have a Blessed Season-
Lynda DeMasco



Correction

**Texas Health Huguley
Won First Place in the
Poster Contest For bed 201-405**

Our apologies for the error and congrats on your WIN!

On the road with the Traveling Trio...



DISTRICT

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September 18, 2023



Kerrville, TX

Host: Peterson Health

Coordinator: Jo Carol Smith

Breckenridge, TX
Host: Stephens Memorial
Coordinator: Suzanne Malcuit



DISTRICT

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September 19, 2023



Lynda Loves to Celebrate Our Volunteers at Every Meeting!

Our most senior auxiliary member at Olney-Hamilton Hospital, District 6 is Glenna Stennett. She still works managing the incoming merchandise in the gift shop. She was celebrated for the most active years of service in our auxiliary. She's 91 and still going strong. She's representative of her whole family. She has sisters that have been active as volunteers as well. She is the mother of three and has some wonderful grandchildren. I



especially liked the wording on the award she received. It reads:

She makes volunteering top priority, she has many years of experience, she gets things done, she helps families, she spreads kindness, she shares joy and sorrow, and she makes a difference. She is always ready to jump in for whatever needs doing.



I hope I can fulfill the same virtues when I'm ninety-one!!!

Send articles/pictures for the Outlook!!! - Let's learn from and celebrate one another!

Share the stories and successes of your volunteer group. Do you have special traditions or unique fundraisers-we'd love to hear about them...and don't forget the pictures. What does your auxiliary plan to do to reactivate and attract new volunteers? Share your stories.

Send to: Judi Winslow at mkjudiwinslow@hotmail.com

And cc: Pat Sowder at psowder512@gmail.com



On the road with the Traveling Trio...



DISTRICT

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September 20, 2023



Odessa, TX

Host: Medical Center Health System

Coordinator: Adina Crain

Amarillo, TX

Host: Northwest Texas Healthcare

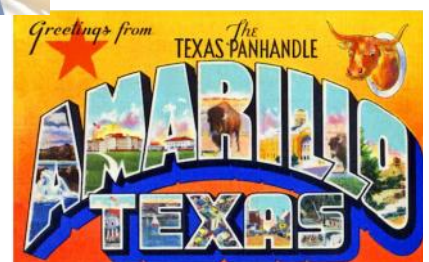
Coordinator: Lynn McKinney



DISTRICT

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September 22, 2023





HEALTH MATTERS

by Judi Winslow

Breast Cancer is near and dear to our president's heart since she has a daughter diagnosed at the age of 30. She would want you to know that you need not wait until your 40s or 50s to start screening, especially if you have someone in your family who had breast cancer. Also know that breast cancer can happen to men as well as women. She would tell you to check out any lump or mass, any skin changes, any dimpling, puckering or discharge in the breast area. She would want you to follow up on any ulcer or swelling in the area. All these may not always mean you have breast cancer according to the Mayo Clinic-Women's Health and the Center for Disease and Prevention, but these symptoms are worth checking out at any age.

What can you do to reduce your risk of breast cancer? Research shows that certain lifestyle changes can decrease the risk of breast cancer (and other cancers). Some of these changes are to limit alcohol

consumption, maintain a healthy weight, and be physically active. Breast feeding may play a positive role in breast cancer prevention. To search for yourself, information can be found at the American Cancer Society, MD Anderson, Mayo Clinic websites. You can also find information at breastcancer.org.

If you attended a District Meeting you may be aware of the beautiful "Pink Angel" charms that were presented to members with breast cancer or survivors by the President of TAHV, Lynda DeMasco. These pins were made by Peterson Health greeter, Marla and prayed over by the Auxiliary. Such a beautiful touch!

Pink Angel



Do you have questions that come up in your meetings or when updating/writing your Bylaws??

"ASK THE PARLIAMENTARIAN"

Call Sue Bickham with your questions
361-241-1766

On the road with the Traveling Trio...



DISTRICT

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October 23, 2023



Dennison/Sherman, TX

Host: Texoma Medical Center/Wilson N Jones

Coordinator: Teresa Jones and Judy Wade

Beaumont, TX

Host: Texoma Baptist Hospitals of SE Texas

Coordinator: Iris Whittington and Kathy Orgeron



DISTRICT

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October 25, 2023



NEW COLUMN-SEND YOUR KUDOS

Origin of irregular transitive
First Known Use: 1825-1830
kudos noun [koo-dohz-
1. honor; glory; acclaim:
(He received kudos from
2. a statement of praise or
the singular form k

kudos
AND MORE

We all have that special person that we think deserves recognition for service above and beyond, or maybe that special event we want to share. You may not fancy yourself an author, but we all know how to say "Thank You". At the District Meetings, attendees were provided with a yellow card to write a "Kudos" on that would be shared in the Outlook Newsletter-sadly, none were turned in.

So let's make it easy, if you have a Kudos you want to share, send it to me, Pat Sower, Co-Editor of the Outlook at psowder512@gmail.com or you can mail it to Pat Sowder; 4500 William Dr Ste 212-518; Georgetown TX 78633.

For this edition I have asked some of the board members to share some Kudos. We hope to make this a standing column in the Outlook. Spread the joy and recognition!

Pat and Judi

Kudos to the "Traveling Trio" on their successful trips to our District Meetings. Thank you for taking time away from your daily life to serve TAHV, it is greatly appreciated.-Pat Sowder

Kudos to the folks at Peterson Memorial Hospital in Kerrville. I attended the District Meeting there and it was spectacular. Thank you for your time and energy.-Pat Sowder

Kudos to Lynda DeMarco for a wonderful board meeting in Austin. We hit the ground running and many things were accomplished. Thank you for your leadership.-Pat Sowder

Kudos to the Breast Cancer Survivors and those going through treatment that continue to volunteer and help others. What strong women!!!-Lynda DeMasco

Kudos to the Host Districts-Thank you for outstanding meetings.-Lynda DeMasco

Kudos to the TAHV Board for supporting our travels.-The Traveling Trio

Remember, feeling gratitude
and not expressing it ,
is like wrapping a present and not giving it.
—William Arthur Ward

On the road with the Traveling Trio...



DISTRICT

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October 26, 2023



Sugarland, TX

Host: Texoma Houston Combined Hospitals
Coordinator: Melva Harris and Sandra Pybus

Texarkana, TX
Wadley Medical Center Visit



DISTRICT

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October 26, 2023



The Jean Morgan Nursing Scholarship

By: Karen C. Bilsing, Manager Volunteer Services
Co-Chair, Partners in Caring
Memorial Hermann the Woodland Medical Center

Memorial Hermann The Woodlands Auxiliary board announced a new scholarship in honor of *Jean Morgan*, former MHTW volunteer and MH employee. Jean passed away unexpectedly in January 2023 after a short illness. Jean was a dedicated volunteer for 12 years in the MHTW Gift Shop and as a Patient Advocate. She served as the MHTW Auxiliary President on several occasions, for a total of eight years. Jean also served on the TAHV Board for several years. Prior to volunteering at MHTW, Jean worked as an RN for Memorial Hermann for over 40 years.

In April 2023, the MHTW Auxiliary board voted to award a scholarship to a Lone Star College second year nursing student "in need". Lone Star will identify appropriate students to consider. We plan to award a scholarship each fall, beginning this year, in the amount of \$1,500.

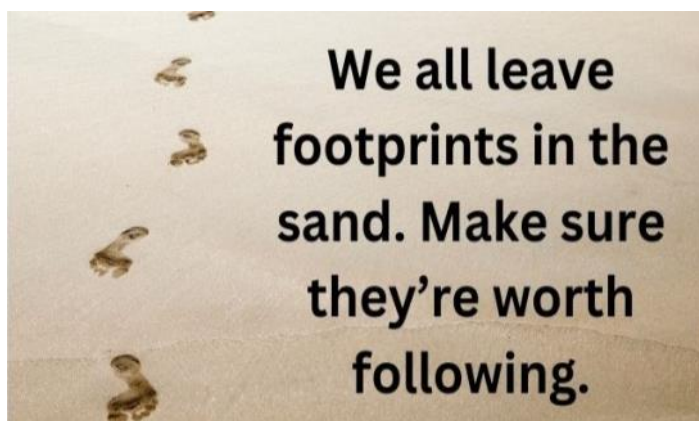
The Auxiliary will dedicate the proceeds from their annual Holiday Bake Sale to ensure future funding for this scholarship. Jean loved the Bake Sale and was passionate about its success, and as a memorial to her, the bake sale will be renamed "Jean's Bake Sale".



Jean Morgan

If you are interested in donating to the scholarship fund, contact *Karen Bilsing*, Volunteer Services Manager.

Karen C. Bilsing
Manager, Volunteer Services
Co-Chair, Partners in Caring
Memorial Hermann The Woodlands Medical Center
9250 Pinecroft, The Woodlands, 77380
Office Phone: 713-897-2392
Karen.bilsing2@memorialhermann.org





WE NEED YOUR DATABASE UPDATES

You can find the
"Member Update" form
on the **TAHV Website** at www.tahv.org

Use the form throughout the year to keep your
information current so you don't miss anything!

Download or Print the Form
Send to: Sandra Pybus
74 Heathrow Ln; Sugarland TX 77479
Phone: 832.500.4814
Email to: stpybus@sbcglobal.net

STAY CONNECTED WITH OUR WEBSITE OR FACEBOOK



www.tahv.org

Check out the TAHV website. Updates on
conference, board actions and more.

Want to contribute?

Contact Mary Pfeffer; email: maryellenpfeffer@gmail.com or call her cell at 903.271.9243

Don't forget to FRIEND us on Facebook

From your Facebook page, search for Texas
Association of Healthcare Volunteers.

Why is volunteer membership declining?

Declining membership is happening to volunteer organizations all over the country. Longtime members are getting older and younger professionals are already struggling with time commitments and family schedules that are overloaded.

Each year it is a case of planning to do the same or more with fewer volunteers due to this declining and aging membership.

What is sad is the program loss volunteer organizations are forced to consider when scaling back; things like food drives, scholarships, and dollars to provide new programs for their communities.

Most programs find there is a need for younger volunteers to step in and provide new more innovative ways of serving the community. The recruitment of these volunteers has to be a hard focus. The benefits could be phenomenal.

What does that new volunteer want?

Organizations are finding that new volunteers want to make an impact through service. They long to organize service events and work in the community. They also prefer independent decision making, they don't like to get bogged down in red tape.

When asked, many younger volunteers want to be part of a volunteer group because they want to work towards a common goal and they want to make an impact.

Tapping your resources.

We always need to be aware of our resources and use those resources to recruit volunteers.

There is hope that while the volunteer groups may be seeing a decline in membership, youth chapters that offer volunteer opportunities for high school and college aged professionals are gaining some

popularity. Reaching out to your local high school health sciences group may provide a broad base for these volunteers.

Another great resource is other volunteer organizations. It is not uncommon for people who volunteer in other organizations wanting to expand their volunteer activities.

But remember, the best recruiting tool is **word of mouth**; share with people what you do and why you do it. Remember your joy, it can be infectious.



Don't have time to write an article but want to share a new fundraiser, recruitment idea, etc. Do it here. Just a quick:

1. **WHO**
2. **WHAT**
3. **WHY**
4. **RESULT**

Send your info to Judi Winslow at:

mkjudiwinslow@hotmail.com

And cc: Pat Sowder at:

psowder512@gmail.com

To celebrate the month of October, Auxiliary members wore a special shirt at any auxiliary functions. It seemed only right to call attention to Breast Cancer. Our shirts said "Save the boo bees" and we wore them to the Health Fair. - Judi Winslow



Coming together is a beginning.

Keeping together is progress

Working together is Success!

Henry Ford



Texas Association of Healthcare Volunteers
1108 Lavaca, Ste 700
Austin TX 78001

ADDRESS SERVICE REQUESTED

TAHV, we have a WOW history!

By: Pat Sowder, Ex-Officio Board Member

Recently I was charged with reviewing some of the publications that TAHV uses and I ran across the history of the organization. **If you stop reading here, please at least read item 8.**

First my history: I have worked with TAHV going on 33 years. I was employed by the Texas Hospital Association and served as their liaison to the TAHV group. I specialize in marketing/design/print and business processes. I have been in that roll for TAHV most of my time with the organization. That means I've read nearly every piece of printed material the organization uses.

Now, back to that **WOW** history: working on one of the publications recently I came across the history of TAHV; something I have read a million times. I don't know if it's because I was typing it or what, but I noticed things I never did before like:

1. TAHV actually began when members of the Dallas hospital auxiliaries were invited by their administrators to act as hostesses for the Texas Hospital Association convention. That was in 1941.
2. Plans for a statewide organization were presented to the Board of Directors of the Texas Hospital Association at their conference in 1943. At this conference, THA passed a resolution extending THA membership privileges to all women's auxiliaries serving member hospitals.

3. **Mr. Russell Nye, Administrator, Parkland Hospital** in Dallas contacted other administrators in Texas and encouraged their participation.
4. In 1944, Mrs. JB Salmon, President, Dallas Presidents Council of Hospital Auxiliaries invited the administrators to attend the 1944 THA Convention and included a membership application.
5. **15 auxiliaries responded to the invitation and paid dues of \$5.**
6. The first official member was The Vernon Woman's Auxiliary of Christ the King Hospital.
7. The first meeting of the now TAHV was called to order by newly elected President, Mrs. Theo A. Binford.
8. The Texas association was the **FIRST TO BE ORGANIZED WITHIN THE UNITED STATES ON A STATEWIDE LEVEL**, and preceded the national association by **FIVE** years.

Stop for a minute and drink in that last item—we were the **FIRST** in the United States, we preceded the national association, we set the standard. That's HUGE! A **WOW** history moment! Are we still maintaining those standards?

I shared with Lynda, our president, not too long ago that I hope we, as board members never forget that serving on the board for an organization like this is not a job, it is a privilege. Is it a lot of work? Yes, it is, won't lie, but I serve with several volunteer organizations throughout the state and there is only one other that gives me the joy and satisfaction that comes from serving TAHV. Let's be the standard, let's lead like Texans are known to do.