

OUTLOOK

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SPRING 2020

What are Volunteers Doing THIS National Volunteer Week?

By Judi Winslow, Editor's Special

Our world is a little different for the celebration of National Volunteer Week this year. Usually there are get-togethers, recognition, celebratory food and words of thankfulness and appreciation. I don't think the 6-foot rule is going to allow such goings-on. I don't know of ANY volunteers working in hospitals right now because most of us are in the 'at risk' group and the general rule is that it's not safe for us at this time.

Do you realize what a large group that we are a part of? Last year the Bureau of Labor Statistics determined that there were approximately 63,000,000 (sorry, I like to see all those zeroes – for impact!) ... that is 63 MILLION adult volunteers working in hospitals and other healthcare facilities. Our time, talent and service make a difference in our communities!!! Without volunteers



©AHVRP



**WE WANT YOU!
TO VOTE**

- * SLATE OF CANDIDATES IN CENTERFOLD
- * ONE VOTE PER MEMBER HOSPITAL/GROUP
- * FOLLOW EASY INSTRUCTIONS (page 9)
- * Send your vote NLT noon on MAY 19TH
to: danamcginnistahv4@yahoo.com

Under normal conditions we vote on the slate of officers at the Uniform Luncheon at Convention, but this is NOT a normal year!!!

donating their time and passion to the causes they care about, most nonprofits would be sunk. Volunteers expand available services *without cost* to those in need. Speaking of cost, I also saw that the value of volunteer time is now equivalent to \$25.43 per hour, emphasizing the value of your service. I can guarantee you that the staff and patients are missing that extra touch you provide.

While canvassing our Board Members to determine whether ANY or SOME volunteers were working in their hospitals, I received some great responses on how auxiliaries are continuing to be involved. Volunteers are driven by the desire to help... if not in their usual positions IN the hospital facility, they find other ways to serve. For example: **Parkland Health and Hospital System** volunteers (in Dallas) "hatched" a great idea since their gift shop closed, they buy basic groceries (bread, milk, eggs, cheese, dry goods, soaps and paper goods) hospital employees need to feed and clean for their families.

Continued on page 3

By Gypsie Hufnagle



aware that most, if not all volunteer organizations throughout the state of Texas have been suspended during this time. The health and safety of our TAHV members is a priority. We hoped in the early days of the Coronavirus outbreak that it would be resolved before our Convention. We now find that is not the case. On Thursday, March 26, we were notified by Moody Gardens Hotel and Convention Center that they were closing their doors on April 1st for the months of April and May. That finalized the decision to cancel the convention that had likewise been made by Convention Chair, Barbara Giannotti and myself days before. Although a difficult decision for all those involved, we know it was the right decision.

If you registered for the TAHV Convention events, Lacy Webb, Convention Treasurer, will be sending refunds. Your hotel reservations at Moody Gardens Hotel and Convention Center were automatically cancelled due to the closure of the hotel.

A word cloud with a white background. The most prominent words are 'volunteers' in large green letters at the top, 'Thank You' in large blue letters in the center, and 'community' in large blue letters below it. Other words in various sizes and colors (blue, green, brown) include 'service', 'celebrate', 'hands on', 'love', 'change', 'youth', 'group', 'skills', 'program', 'senior', 'compassion', 'honor', 'vibrant', 'nonprofit', 'communities', 'build', 'hope', 'diverse', 'family', 'thinks', 'heart', 'prosperous', 'difference', 'retired', 'mission', 'corporate', 'traditional', 'emergency', 'friends', and 'action'.

Goody Bags. To **Mary Pfeffer**, Facebook and **Dana McGinnis**, Website Chair, thank you for posting “need to know” convention information to our membership; **Angleton Danbury Hospital Volunteers** for accepting the job of Silent Auction Committee and **Memorial Hermann Memorial City** for accepting the Door Prize responsibilities. Thank you to **Memorial Hermann The Woodlands Medical**

Center for taking on the duties of the Registration Committee. Registration is an extremely time-consuming job from packets, badges, and table layouts for all dining events. A special thank you to **Josh Urban**, CEO, Memorial Hermann Medical Center The Woodlands for sponsoring the Continental Breakfast. And last, but certainly not least, Thank You to **Convention Chair, Barbara Giannotti**, after begging and twisting her arm, agreed

Outlook Newsletter—Spring 2020—Page 2

What are Volunteers Doing THIS National Volunteer Week? - Continued from page 1

The employees can email or text the gift shop and then pick up their order on the way home. **Peterson Regional Medical Center** (Kerrville), **Memorial Hermann Hospital SW** (Houston) and **Texoma Medical Center** (Denison) volunteers (and several others) are making masks for their hospitals, clinics or communities. **Medical Center Health System** volunteers (Odessa) donated \$50,000 to help the hospital during this crisis. **Texoma Medical Center** has launched a new project: *The Comfort Cart*, which is stocked by the volunteers and it "visits" all floors with the help of the hospital staff. The cart contains toiletries, crayons and coloring books, pens and paper, games ... anything that a patient might need or want during their stay.

Keeping in touch? **Shannon Medical Center** (San Angelo) conducted their monthly board meeting via a conference call! Fun! "Best attendance we have ever had. We were all so glad to be "together" again ... it sounded like a hen party." In Odessa, they've learned to ZOOM... they can see each other and visit with one another (like a virtual conference call). Some are calling a volunteer every day. Others are sending hand-written notes telling their volunteers how they are appreciated. Some are using Facebook, others email or messaging. Keeping touch is so important during this time. Just think how you will feel when you can return to volunteering IN your healthcare facility!!!!

Something I saw at the end of an article on a contagious Caronavirus write-up and I think it's a great ending for this!!

"Also highly contagious is kindness, patience, love, enthusiasm and a positive attitude. Don't wait to catch it from others... be the carrier."

The President's Message

Continued from page 2

to chair our convention this year with dedication and commitment like only Barbara can do!

As you can see, It does take a Village to have a Successful Convention!

I have heard throughout my life that challenges make us stronger... and this I do believe. This has been a year of challenges for me personally. A heart attack in April of 2019 made it impossible for me to attend the 2019 Convention in Frisco. Last fall I was determined to attend the District Meetings as part of the Traveling Trio along with Kathy Jenkin, President Elect, and Sue Kaulfus, 1st Vice President. At every District Meeting, we met wonderful volunteers with dedication and the love of volunteering. To the District Coordinators and all district meeting attendees we met along the way, we thank you for your fantastic meetings and your friendships.... moments I shall never forget. And lastly, a Thank You to the TAHV Board for their support and wisdom. It has been my honor to serve as your President.

These are uncertain times. Let's all say a prayer for the dedicated healthcare workers and all who are working tirelessly to respond to the crisis we are now facing. May you and your families stay healthy, safe, and know, with prayers and faith, we will get through this together.

Be positive, patient and safe during this difficult time. Out of challenges comes unity and strength.

*Blessing to all,
Gypsyie*

Do you have questions that come up in your meetings or updating or writing your bylaws???

Ask the Parliamentarian
Call Stan Simmons
With your Bylaws Questions

903-624-9918



Change Proactively During the COVID-19 Crisis

Exerps from Steven Iwersen
(These are his words!!!)

Restrictions during this global disruption are causing changes in social interactions which change your life, your routines and even how you work. It hits your health care, bank accounts.... even your toilet paper supply. Organizations or individuals who adapt their approach to what's going to be the new norm in the future will be those who thrive, not just survive. Those who pause and wait for things to be over will struggle for years to come. We must cope with current circumstances.

Steven suggests we ask 2 important questions every day: **WHAT NOW?** and **WHAT NEXT?** Focus on the one thing you can do today that will focus you with positive momentum. But don't stop there ... think strategically about what you could do NEXT to prepare yourself for new opportunities!! Start making a list of things you can do when this disruption is over. It will keep you from getting stuck in negative thinking.

His second suggestion is to **LOOK FOR THE EXTRA MILE OPPORTUNITY**. Don't get stuck in the gloom and doom thoughts but look at your list and choose the ones that will move you into a position of going the extra mile for others. What are their needs? What little things will provide extra unexpected service to fill those needs.

When we get to the other side of this disruption, most people will be focused on RECOVERY, but you will be focused on DISCOVERY. **Start now in setting the pace for a positive outcome in your life and business.**

For more resources from Steven, go to www.StevenIwersen.com ... he's a great speaker and motivator.

Back to Basics

by Dave Westerhaus, Baylor St. Luke's Medical Center Volunteer, Houston, District 9 Board Member

The threat of Coronavirus seems to be getting everybody's attention. Back in late February a doctor at the Center for Disease Control (CDC) said it had not reached pandemic status. The doctor went on to say that it was "not a question of IF, but WHEN" and of course, now it is!!!

There's a simple way to help prevent the spread of disease, and most of us have been practicing it since we were small children—washing our hands.

As volunteers in hospitals, most of us have had training in hand hygiene. That's why it may be a good time to review procedures to keep us and those we care for safe. Cleaning your hands after touching a patient or the patient's immediate environment reduces the spread of potentially harmful germs to other patients. It also lowers the risk of infection caused by germs or viruses acquired from patients, their families or friends to us. The CDC says alcohol-based hand sanitizers are the next most effective products for reducing the number of germs on the hands of healthcare providers. It's the preferred method for cleaning your hands in most routine hospital situations that we might face.



But back to what we were taught by our mothers: The CDC also says to wash your hands with soap and water whenever they are visibly dirty, before eating, and after using the restroom. Scrub your hands for at least 20 seconds. Didn't bring a timer with you? Sing (or hum) the "Happy Birthday" song twice.

Do your part to keep yourself, your patients, your family, and the hospital staff as healthy as possible—**wash your hands!**

FEBRUARY – More Red than Just Valentine's Day

by Dave Westerhaus, Baylor St. Luke's Medical Center Volunteer, District 9 TAHV Board Member

Baylor St. Luke's Medical Center Auxiliary members raised awareness of heart disease during February, "American Heart Month", by handing out red ribbons in the lobby and pinning them on nurses, staff, and patients on the heart floors.

The Center for Disease Control says that heart disease is the leading cause of death for both men and women of most racial and ethnic groups in the United States. Coronary heart disease is the most common type and the CDC estimates that 18.2 million adults, ages 20 and up, have it! Another staggering fact is that someone in the U.S. has a heart attack every 40 seconds! The five major symptoms of heart attack are:

- * chest pain or discomfort
- * feeling weak, light-headed or faint, with cold sweat
- * pain or discomfort in jaw, neck or back
- * pain or discomfort in one or both arms or shoulders
- * shortness of breath

American Heart Month has a Texas connection! President Lyndon B. Johnson proclaimed the event, which first took place in February 1964.



Volunteers Robin Webb (pictured at right) and Dave Westerhaus (left) both know heart disease too well. Robin's husband has a heart transplant and Dave has had coronary arterial bypass graft surgery.

Hard Work Appreciated

by Lynda DeMasco, TAHV Awards Committee Chair



AWARDS INFORMATION FOR CONVENTION 2021

The Convention Committee decided that we do not want all the hard work and talent that has been spent on award submissions for the 2020 Convention, to not be recognized. We have developed a plan that we think will let us showcase the hard work done by these volunteers. Next year, we will have TWO award ceremonies. One will be for the 2020 awards and another will be for the 2021 awards.

Many of our volunteer groups had already registered for Awards for the 2020 Convention. We contacted each Auxiliary to see if they wanted to remain in the 2020 awards for the *next* convention and the majority are asking to stay entered. All of these Auxiliaries will automatically be entered in the 2020 Awards and all they will need to do is bring the items to be judged with them next year.

From now on we will be working on the Awards for 2021 and that information will be going out around the second week of January.

These are such unprecedented times. Things are very different right now, but we will stay strong and fight this dreaded invasion together.

I look forward to all of us being together in 2021 for what promises to be a very special Convention in Waco!



Lynda DeMasco
210-269-2402
ldemasco@outlook.com

Four Scholarships Awarded

by **Barbara Long, Hendrick Medical Center Volunteer, Abilene, District 6 TAHV Board Member**

For the 2019-2020 academic school year, the **Hendrick Medical Center (HMC)** Auxiliary voted to partner with the Abilene Independent School District and Cisco College to award four scholarships to high school students wanting to continue their health science education to obtain a License in Vocational Nursing (LVN). This academic program is part of the **NextUniversity CNA to LVN** program offered at our local Cisco College campus. Each scholarship aims to fund the cost of tuition, fees, books and supplies with a total award of \$10,500.00 per student. This past August interviews were conducted by the Dean of Holland Medical High School and several of the school's instructors. Four applicants were selected to receive a scholarship award for this academic school year. This year's recipients are Bethany Carrillo, Rachel Garcia, Ashley Fisher and Esperance Shimirimana. These high school seniors will complete classes on the Cisco College campus this year in Medical Terminology and Anatomy and Physiology. Next fall, after they graduate High School, they will continue classes at Cisco College to complete their LVN degree program a year early. **The Hendrick Medical Center Auxiliary is very proud of these future nurses and wishes them well.**



Pictured L>R: Susie English, 2nd Vice President; Donna Marshall, President; Jennifer Seekins, Dean of Students, Holland Medical High School; Ashley Fisher; Bethany Carrillo; Esperance Shimirimana; and Rachel Garcia



Sharing Ideas – Helping One Another

by **Pamela Andrews, Medical Center Health System Volunteer, District 2 Board Member**

On March 12th, MCH Odessa volunteers and TAHV Board members **Gracie Sanchez** and I traveled to Lamesa, TX to speak to the **Medical Arts Hospital Volunteers** about the TAHV Convention that was to be in Galveston and to share ideas on fund-raising. Gracie and I were warmly greeted with breakfast as well. After sharing ways to build funds to cover

expenses for volunteers at Convention, we were invited to come back to teach a Wreath Making class to assist their volunteers in raising funds for their hospital. What a joy to meet and work with such a great group of ladies.

A man's true wealth is the good it does in this world.

Texas Stars

by Kelly Johns, Vice President,
Mainland Medical Center Auxiliary

Mainland Medical Center Auxiliary in Texas City has been a champion of continuing education for well over 17 years. Volunteers not only participate in helping with hospitality needs at MMC, but they also join together to assist in raising funds to help provide scholarships to deserving nursing students at the College of the Mainland.

Fundraising efforts include the Auxiliary staffed hospital Gift Shop (all profits go to the Scholarship Fund) as well as proceeds from our bake sales, jewelry sales, and weekly popcorn sales.

The year 2019 saw financial gifts from the Mainland Medical Center Auxiliary to the College of The Mainland reach an organizational total of over \$250,000. This milestone was honored at the College of the Mainland Foundation's Texas Stars Donor Appreciation Dinner on Saturday, November 16, 2019, and marked with a star being placed on the Donor Recognition Wall noting the Auxiliary's position as "Silver Spur Donors."



(L>R) Mabel Pratt, Kelly Carnes Johns, VP; Adele Parrish, Gift Shop Manager; Marilyn Decker, Lori Carnes and Jay Carnes.

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proudly sponsors Kilbourne & Kilbourne as providers of
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THE CANDIDATES



PRESIDENT: Kathy Jenkin

Kathy was in banking for 30 years before starting to volunteer at **Driscoll Children's Hospital** in Corpus Christi, where she has volunteered for 11 years. She has always wanted to volunteer! At

Driscoll, she serves on committees for Holiday Cards, Scholarships, and Sort N Sack (gives toys to the Clinics). Offices she has held include: Chairman for the Cottage Shop, Assistant Treasurer, Treasurer, Secretary, Vice President, President Elect and President (will be President again in 2021).

She and her husband have one daughter and three grandchildren. Asked why she volunteers, she says "For the blessing that it brings to my heart. It is so much fun and so rewarding to know that you have helped someone in need".

Kathy has been on the TAHV Board since 2015. She is currently serving on Membership, ETV, Bylaws and Convention Site Committees. She has held the office of 1st Vice President and is currently the President-Elect. She feels blessed to be given the opportunity to be on the TAHV Board and is ready to be President of this great organization.



PRESIDENT-ELECT: Sue Kaulfus

After graduating from Woodboro High School and Southwest Texas State University, she taught at Seguin High School for 29 years and then worked for Texas Education Agency in Austin for 5 years. After retiring, Sue worked for

Keepers, an upscale furniture store in Seguin. She sells Mary Kay Cosmetics for fun and volunteers at **Guadalupe Regional Medical Center** in Seguin, where she's been volunteering for 15 years. She has served as Gift Shop Chair, President Elect, President, Parliamentarian, and Recording Secretary.

Sue has been on the TAHV Board since 2015 and currently serves on the following committees: Convention-Vendor Fair Chair (5 yrs.), Membership-Chair, ETV, Jr Volunteers, and Convention Site Selection. She feels TAHV is the glue that holds the individual local organizations together. Travelling with the Traveling Trio as 1st Vice President, she saw that there are so very many things that the local organizations can teach each other. They just need a voice. TAHV gives the local organizations this voice.



1st VICE PRESIDENT: Lynda DeMasco

Lynda has been married to the love of her life, Phil, for 53 years and they have spent most of their married life in Kerrville. She was a teacher and principal...something that enriched her life beyond belief in being part of children's

lives. They moved to San Antonio for 13 years for their jobs but returned to Kerrville when retired after 42 years in education. They have 3 children: Allyson, Ashley, and Tate.

The DeMascos are active in their community. When retired, she decided to volunteer at **Peterson Regional Medical Center** in Kerrville in honor of her mother who volunteered for over 20 years. It has proven to be a rewarding adventure that has brought her closer to the community and made her realize how important it is to give to others. She has been volunteering for 7 years and will be Auxiliary President this coming year. She has also served as 1st Vice President, 2nd Vice President, and Scholarship Chairman.

She was elected to the TAHV Board in 2018 and serves on the following committees: Convention Site Selection, Convention 2020 Committee-Awards Chair, ETV, and Hospitality. She has learned how valuable TAHV is to volunteers across the state. This organization is committed to helping volunteers get the best information possible to use with their Volunteer Groups/Auxiliaries. She wants to see the Board make a strong effort to add non-member groups to our team.



2nd Vice President: Barbara Giannotti

Barbara was raised in a military household and has 4 brothers and a sister. She has been married to Marco for 27 years and has two great kids, Annalisa and Gianluigi. She has lived in the Houston area for the last 20

years and is active at church and in the community. She has volunteered at **Memorial Hermann the Woodlands Medical Center** for 10 years and has served as Auxiliary President and has been Scholarship Chair (for 5 years). She has served on several committees in hopes of improving lives and encouraging the future of volunteering. She is also President of the Houston Presidents Council. As you can see, she has a servant's heart and loves to be useful to others.

THE CANDIDATES

Barbara has been on the TAHV board for the past 4 years and currently serves on the following committees: Advisory, Junior Volunteers Chair, Convention Site Selection, Convention 2020 Chair. We need to increase the awareness of opportunities to volunteer in our local hospitals to have a larger presence in our respective communities.



SECRETARY: Barbara Wright

Barbara graduated from Harding High School in Oklahoma City and worked for Mayfair Church of Christ while going to Oklahoma City University for a degree in Business Education. She taught high school until she got a job

with Oklahoma Senator Fred R. Harris and moved to Washington D.C., where she worked for the House Banking and Currency Committee. She lived in Virginia for a few years before moving to San Angelo where she began volunteering at **Shannon Medical Center** to get acquainted with people in the community. Now, 41 years later, she still enjoys volunteering and has served as Secretary, Treasurer, VP of Community Affairs, VP of Hospital Services and helped on many committees.

Barbara has been on the TAHV Board since 2016 and serves on several committees, namely: Advisory, ETV, Membership, Marketing and Nominating. She enjoys working with “such a talented group of people” and seeing what goes into making Convention a reality.



TREASURER: Janice Allen

Janice is the mother of 3 sons and has 2 daughters-in-law and 1 precious granddaughter. As her sons were growing up, she volunteered in their schools, but when the youngest one entered high school, she decided it might be time

to look for another place of service and began volunteering at **Hendrick Medical Center** in Abilene. Her dad, husband, and brother have all served in volunteer leadership capacities at Hendrick Medical Center through the years, so becoming a volunteer at Hendrick was a way she could continue her family's service. Janice has volunteered there for 16 years and has served as President, 1st, 2nd and 3rd Vice-Presidents,

and has served on various committees. As a Christian, she believes that Christ set the example of being a servant to others. Volunteering, especially in a hospital, gives her the opportunity to follow His example. Janice has been on the TAHV Board since 2008 and has served as Treasurer and committees related to that position, namely: Finance, Membership, Database, and Comptroller for the Gifts and Memorials Foundation. She has a degree in Accounting, so this position is perfect for her.

When asked how to improve the value of TAHV, she would like to find more ways to reach the volunteers “in the trenches”. District 6 is made up of mostly small rural hospitals. Often these volunteers do not realize that there is encouragement and help available to them just as much as in larger hospitals.

Electing Officers Without Convention

This has never happened in the history of TAHV, but in times such as these, we must adapt. After reviewing bios, I think you can readily see that every officer candidate is well qualified to hold the office for which they are being elected. In fact, you probably have more information than what you have when presented at Convention. Now it's up to you, our members, to accept these fine officers to represent TAHV in 2020-2021.

Here's How to Vote

Who Can Vote?

According to Article VI of the Bylaws:

Section 602: The Board of Directors and each member group shall constitute the voting power at the Annual Meeting or Special Meeting.

Section 602: Paid Directors of Volunteers from member groups and all healthcare employees shall have no voting power.

The Nomination Committee presented and passed a motion to vote on the officers as a slate.

Presenting the Slate of Officers:

Kathy Jenkin	President
Sue Kaulfus	President Elect
Lynda DeMasco	1 st Vice President
Barbara Giannotti	2 nd Vice President
Barbara Wright	Secretary
Janice Allen	Treasurer

Now, Address an email to:

danamcginnistahv4@yahoo.com

Subject: Election of Officers

In the body of the email state:

- * **Your name** (State that you are President/Chairman?)
- * **Name of your hospital**
- * **Approve of Slate?** (or) **Do Not Approve of Slate**
- * **You are welcome to add a comment if you wish**

SEND by DEADLINE: NOON ON MAY 19, 2020

Wags to Wishes

By Fern Giddens, President of Volunteer Services, Memorial Hermann Memorial City Medical Center

Memorial Hermann Memorial City Volunteer Services is an active group within the hospital where they man information desks, visit patient rooms, run errands for the staff, help in the Breast Center, PACU, and Cancer Center as well as many other activities. However, they also support special projects within the community, helping many worthy organizations.

One such project was called **"WAGS TO WISHES"**, benefiting **Citizens for Animal Protection (CAP)**, whose mission is to care for pets in need through sheltering, adoption, education, spay/neuter, low-cost wellness, and community outreach.

MHMC Volunteers asked for and collected large food donations, toys, leashes and other items on CAP's wish list. Posters were placed in the Volunteer Office and in waiting room areas asking for help, and many people responded.

The Volunteers were able to take large boxes to CAP along with a \$500 donation. We hoped to help enable their staff to continue to give quality, loving care to homeless and abandoned animals who have no voice.

Other projects MHMC Volunteers have undertaken include food drives, collecting clothing and other items for Memorial Area Ministries, and preparing "love boxes" for active-duty military personnel, just to mention a few. They are proud to be able to serve both the hospital and their community.



Fern Giddens presenting check to CAP Representative



Holding the "Wags to Wishes" sign are Volunteers Jeanne Diamond, Sandy Vise, Fern Giddens and the CAP representative.

YOUR DATABASE UPDATES ARE IMPORTANT!

Please use the "Member Update" form from the TAHV website (www.tahv.org) throughout the year to keep your information current.

IF YOU CANNOT DOWNLOAD OR PRINT IT, PLEASE CONTACT: Dana McGinnis, Database Chairman

PO Box 2795, Crystal Beach, TX 77650 — Phone: 972-971-9790

Email: danamcginnistahv4@yahoo.com

(A form will be sent to you!!)

TWO SPECIAL PARTNERSHIPS

By Judy Heasley, President, Medical City McKinney Volunteer

The Medical City McKinney Volunteer Auxiliary is involved in two special partnerships that support the auxiliary's mission of supporting the hospital and providing philanthropic gifts to the community. Both partnerships are in their infancy but are highly appreciated and well-received.

The first partnership was an idea that bubbled up during a Board meeting in August 2017. We discussed efforts to expand the auxiliary's outreach to the community and wanted to put some of the funds to work. We reached out to McKinney ISD and asked to be connected to a school that didn't have a business or church partner. Within minutes we received a telephone call to contact the **Arthur H. McNeil Elementary School**. The school opened in 2001 and serves a diverse population of over 460 students. The campus mix is 46% ethnic minorities and has an economically disadvantaged population of 30%. They definitely needed assistance to fill urgent food security needs and provide school supplies to students who couldn't afford them. Two weeks after the Board meeting, we were back-to-school shopping and the first year provided over \$400 of school supplies for opening day.

Since that first day we have provided over \$500 of school supplies each August. How?

* We make Christmas goodie bags filled with snacks, puzzles, games, and toiletries



Pictured L>R: Diane Tubbs, Judy Heasley and Dawn Jones, School Counselor

- * We build meals in Thanksgiving food boxes – enough for 6-10 families and
- * We provide boxes of snacks throughout each year to supply the after-school program.

Children's smiles and teacher appreciation are priceless rewards!



Thanksgiving food delivery by Diane (L), Judy (R) Office Clerk, Margaret Lowney-Contreras (Center)

Our second partnership came to us in 2019 – **The Binky Patrol of North Texas**. The Binky Patrol is a national nonprofit made up of talented volunteers. They hand-make blankets and quilts for newborns and children up to age 18 for selected healthcare facilities in North Texas. The Binky Patrol is a compassionate group of women and a perfect partner for the auxiliary. Since May 2019 they've provided over 350 pieces (blankets, quilts, isolet covers, infant caps) that we've delivered to the hospital's Women's & Children's Services department. The quilts and blankets are made with love and each is distinctive. In turn, the auxiliary has donated funds for the purchase of fabric, fleece, and yarn. This perfect partnership brings joy to parents of newborns and others. The Binky Patrol says they provide children *the warmth and security of a soft, new, handmade blanket made with love!* A partnership made in heaven!



How Volunteers Can Help Fight COVID-19

by Ted Shaw, President/CEO, Texas Hospital Association

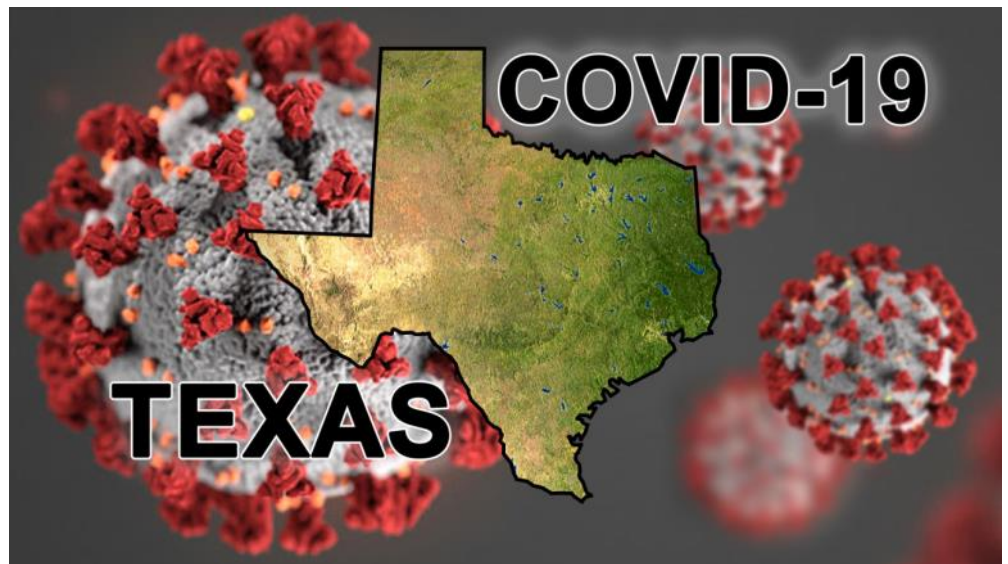
Texas hospital volunteers provide a kind word, a smile and a listening ear when Texans need it most. An extension of hospital employees, their care is as instrumental to health and healing as any medicine. Hospitals across Texas appreciate the volunteers that come to help care for patients. Right now, however, the best thing you can do for Texas hospitals and their patients is to stay at home.

As the COVID-19 outbreak threatens the health and safety of our great state, hospital visitation policies are changing during this unprecedented time. In many cases, these policy changes also apply to hospital volunteers. Strict visitation policies will help keep patients, hospital staff and volunteers safe during this time. Additionally, hospitals have a shortage of personal protection equipment and must do everything they can to preserve it. Limiting visitors and volunteers is a way to preserve face masks for the hospital staff members who need them most.

If you want to continue helping Texas hospitals, there are still a few things that you can do.

Texas hospitals are facing a blood shortage right now. If you're healthy, you can call your local blood bank and set up an appointment to donate blood. You should also strictly adhere to CDC guidelines for avoiding COVID-19. The best thing you can do is stay at home, unless it's necessary for you to go out. Encourage your friends and family members to do the same. Staying home prevents spread, saves lives and helps preserve hospital resources for the very sick.

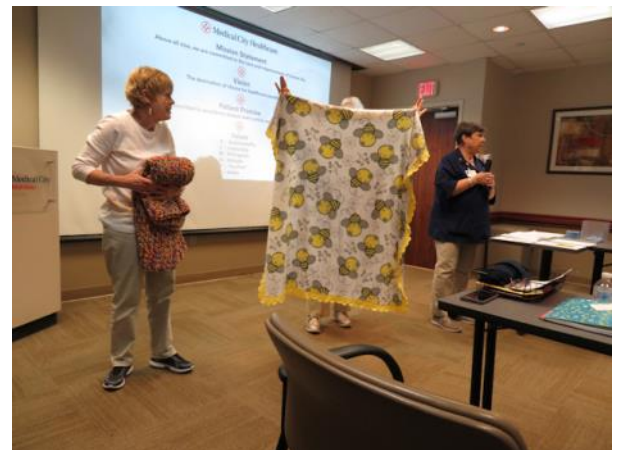
We need your help to fight COVID-19, and once we are on the other side of this fight, we will see you again soon.



TWO SPECIAL PARTNERSHIPS

Continued from page 11

We take pride in these partnerships because they have expanded the auxiliary's impact in the McKinney area community! ***It's said that volunteering connects you to others; is good for the mind and spirit; and brings fulfillment and fun to lives.*** Being involved in these auxiliary partnerships broadens the satisfaction received from volunteering at Medical City McKinney.



Binky Patrol of North Texas: Sandie Ross (L) and Judy Heasley (R)

What Do You Want out of Your Volunteer Experience?

by Pamela Seay Andrews, Medical Center Hospital Auxiliary, Odessa and District 2 TAHV Board Member

We decided to find out!!! I passed out a survey to all volunteers at our last orientation asking them to check what types of things they would like to do together if we met one Saturday per month. We would meet in our hospital auditorium from 10-3 on a “come and go” basis. Once the responses were in, **Gracie Sanchez** and I organized a schedule of crafting days and card playing days. Craft Day is an event that we created for the volunteers as a way to get the volunteers together for some fun, memory-making time together. Each can bring a friend as well to encourage more volunteers. **It is a huge success!!**

In October Medical Center Hospital Auxiliary members were invited to a FIRST Craft Day!! We had a great turnout of 12 ladies.

The pictures are from our first craft day which included making 2 or 3-layer wooden crosses and special tie blankets. Gracie taught several ladies the blankets and I taught the rest how to make the crosses. Each brought their own materials from a list we provided, and several volunteers just came to help others and learn. The blankets and crosses they made were for birthday or Christmas gifts. Check out the great variety of crosses. We worked until 12:30, then took a lunch break (funds for lunch were provided by our volunteer manager). We all ate together and shared things about ourselves that no one knew. It was VERY fun, and we had a lot of laughs. Then back to work till 3:00 PM. We also have 2 new male volunteers that will be joining us on our next dedicated day which will be card games and BINGO”.



L-R: Mary McClelland, Pam Andrews, Delma Rodriguez and Josie Mediano



L-R: Delma Rodriguez and Pam Andrews



Graham's Inaugural Golf Tournament Fundraiser

by Sylvia Overton, Graham Regional Medical Center Auxiliary

Fourteen Former NFL Athletes helped raise money at the Inaugural GRMC Hospital Auxiliary Fundraiser Golf Tournament held September 9, 2019 at the Graham Country Club. "Mr Cowboy" Bob Lilly headlined the group that included seven former Cowboys from the Tom Landry era. The Auxiliary raised over \$17,000.00.



Back Row (left to right): DD Lewis, Lemuel Stinson, Billy Joe Dupree, Andy Fredrick, Ken Jolly, Bob Lilly, Maury Buford

Front Row (left to right): Preston Pearson, Jerry Overton, Jerry Don Logan, Brian Duncan, Dean Smith (not pictured was Jeff Gossett)



The only difference between a good day and a bad day is your attitude.

Volunteering Word Search

T R A E H A T N A R E L O T J
 N T G K I N D D U Y O J S C S
 O C H Y S I E H N R O B E O S
 I E E C C L N A D I Y S R N E
 T P A S O I C P E A L M V S N
 A S R U M B O P R F D I E I D
 N E T O P R U I S B N L P D N
 I R L R A O R N T E E E H E I
 G C A E S C A E A L I R E R K
 A E N N S W G S N I R U L A C
 M R G E I R E S D E F T P T I
 I A U G O P H N I V Z R F E G
 V H A K N T L U N E B U U P A
 L S G R E H T E G O T N L O M
 Q D E T R A E H - M R A W H R

Believe	Happiness	Imagination	Serve
Compassion	Heart	Joy	Share
Considerate	Heartlanguage	Kind	Smile
Corbilina	Help	Kindness	Together
Encourage	Helpful	Magic	Tolerant
Fairy	Hope	Nurture	Understanding
Friendly	Hug	Respect	Warm-hearted
Generous			

Send articles/pictures for the Outlook!!!

Let's learn from and celebrate one another!

*Share the stories and successes of your volunteer group.
 Do you have special holiday traditions or unique fundraisers-we'd
 love to hear about them...and don't forget the pictures.
 What does your auxiliary plan to do to help your hospital recover
 from the Corona Virus-share your stories.*

Send to: Judi Winslow at
 mkjudiwinslow@hotmail.com



DON'T FORGET TO

VOTE

VOLUNTEERS
Always Needed
★ **FOREVER** ★
APPRECIATED

9 Ways to help others during the Coronavirus Pandemic

1. Check on your neighbors.
2. Explore ways to connect or volunteer virtually.
3. Waste not-want not-share food and other items you have in excess.
4. Give blood.
5. Make a donation to your local food bank.
6. Remember those on the front lines and send words of thanks and encouragement.
7. Create greeting cards with positive messages.
8. Be a pro-active caller-sometimes just a kind "Hello" helps.
9. Take care of yourself.